

WEEK 21

# Final Reflections



**“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.”**

**HARRIET TUBMAN**

Today's challenge is to take time to reflect on your experience. Research shows that a critical component to learning is taking time to reflect or being intentional about processing the lessons being taught by your experiences.

## **Week 21** Reflection Questions

- ✓ What are my identities and in what ways have my identities impacted my life? Are there identities of mine that have provided me higher social capital or privilege in certain environments, or vice versa?
- ✓ What were some of my assumptions about race and racial inequity before I started this 21-week challenge? In what ways have these assumptions been challenged? In what ways have they been reinforced?
- ✓ Where have I seen evidence of inequities and systemic and structural racism in my community?
- ✓ What two to three shifts, changes or actions can I take to create a more inclusive and equitable environment in my home, workplace, and community?

As you prepare to complete the 21 Week Equity Challenge, we encourage you to write down a goal you have moving forward. Research shows that when you write down your goals, you are more likely to commit to them and achieve them.

Share your reflections and any resources that helps further the discussion on today's topic on social media using the hashtag **#UWIEquityChallenge**.

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